

St. Charles Garnier Parish

Pastor & Spiritual Director: Fr. Wayne Pfliger

3645 Benvoulin Road, Kelowna, B.C. V1W 4M7
Phone: (250) 860-6776 Fax: (250) 860-0542
Website: www.stcharlesgarnier.ca
Office e-mall: charlesgarnier@gmail.com
Office Manager: Marilee O'Donnell

March 13, 2011 - 1st Sunday in Lent

lesus fasted forty days, and was put to the test.

Matthew 4

MASS TIMES	
Monday to Friday	8:30am
	8:30am, 10:30am & 7:00 pm
	Praise & Worship at 6:30 pm
Every 1st Friday evening	7:00pm
Followed by Adoration of the I	Blessed Sacrament until 10:00pm
RECONCILIATION	
	4:30—4:45 pm
Sunday	. 8:00—8:15 am & 10:00—10:15 am
ALSO BY APPOINTMENT	
DARTIONS	

BAPTISMS—During Sunday Masses or by appointment. Contact pastor. Phone 2 weeks in advance.

MARRIAGE—6 month notice required by the Diocese. Contact pastor for prep program.

NEW PARISHIONERS

Please register by filling out the yellow cards found on the ledge in the foyer and placing them in the collection basket. If you would like envelopes please check the box on the reverse. Envelopes will be assigned and placed on the ledge in the foyer for pick up. The label on the envelopes will have your name on it, the number identifies you and a tax receipt will be sent to you at the address you registered with. You may also register on-line @ www.stcharlesgarnier.ca where you can also sign up for the bulletin to be emailed to you each week

PARISH CENTRE RENTAL

Parish Office......860-6776

MINISTRY COORDINATOR

If you wish to become involved contact the Paris Altar Servers	eil Lustado 860-6776
Eucharistic Ministers Rev. N	
Family Life Ministry Christ	
Guardians of God's Creation—Green Commit	tee Alda 764-7224
Home Visits for shut-ins Ric	hard Burke 712-9493
Hospital Visitation Ethe	el Robidoux 860-2101
Liturgy Committee Ke	vin Kishor 863-4296
Music Ing	rid Sivorot 764-2759
ReadersW	'alter Lever 764-7121
R.C.I.A Ke	vin Kishor 863-4296
Sacristans	enda Korby 764-6425
Security Patrol Fra	ank Richter 764-3640
UshersGir	o Servedio 764-3182
Youth Andie Ko	uwenhoven 863-3347
Young Adult/Campus Ministry Ke	evin Kishor 863-4296

PARISH PASTORAL COUNCIL

Meet second Wednesday of the month at 7:00 pm			
Council Chair	Mike O'Donnell	764-4834	
Recording Secretary	Ingrid Sivorot	764-2759	
Director of Evangelization	Kevin Kishor	863-4296	
CWL Rep.	Linda Servedio	764-3182	
SSVP Rep.	Walter Lever	764-7121	
K. of C. Rep.	Gino Servedio	764-3182	
Dev. & Peace Rep	Keith Germaine	764-2942	
Members	Bernie Schneider	860-8381	
	Frank Richter	764-3640	
	Marina Smith	448-5367	
	Richard Bryant	768-8778	

CONTACT NUMBERS

CATHOLIC SCHOOLS I	NFO.		
S.C.G. School Board I	Reps.	Rob Sali	764-8384
	•	Kim Macaulay	764-2924
Immaculata High	Principal-	–John Campbell	762-2730
St. Joseph Elementary	Principal—	-Andrew Wallace	763-3371
Kelowna Catholic Ind			763-1501
Fax: 250-763-70)18 <u>www.k</u>	elownacatholic.org	
CATHOLIC WOMEN'S	LEAGUE		
Meet second Tuesday o	f the month	at 7:00 pm	
President: Aida McLart	y	(778	3) 478-3380
Membership inquiries—			
CLUBHOUSE DAYCAR			
CREIGHTON MODEL F			
CURSILLO	John o	r Gail Schlosser	764-7007
DEVELOPMENT AND F			
DIOCESE (CHANCERY			
ELIZABETH SETON HO			. 764-4333
FRIENDS IN FAITH (SI		•	
Elsie McKernan—862-			
GRIEF TO GRACE	www.Grief	toGrace.org	. 878-7603
KELOWNA RIGHT TO L	.IFE		862-8202
KNIGHTS OF COLUMB	SUS <u>www</u>	stcharleskoc.com/	:
Meet second Thursday	of the mont	h at 7:30 pm.	
Grand Knight: Stefan F	arrow		448-0905
Membership inquiries:	Gino Serve	dio - 764-3182	
Last Sunday of each m	onth—Knig	shts Breakfast after a	a.m. Masses
PRAYER TO ST. PEREC			

SECULAR FRANCISCAN ORDER Rolf . . . 769-6861

or Alice. . . 860-3541

SOCIETY OF ST. VINCENT de PAUL

Meet second and fourth Wednesday at 9:00 am. 860-2536 Last Sunday of each month—SSVP donations

CHILDREN'S LITURGY NEXT WEEK

8:30 A.M. TEAM Cancelled

10:30 A.M. TEAM No schedule

call Christine 250-863-1982

PARKING LOT SECURITY SCHEDULE

Sat. Mar. 19th—5:00 pm Adrian Van de Mosselaer

Sun. Mar. 20th —8:30 am Rudy Charron
10:30 am Reg Humphries
7:00 pm James Atzesberger

GUIDE TO GIVING

Collections to date this year		71,781
Collections to date last year	\$	67,804
Building Fund to date this year	\$	6,307
Building Fund to date last year	\$	5,459
Vatican to date this year		2,165
Vatican to date last year	\$	2,505

WEEKLY MASS INTENTIONS

Monday	Mar. 14	8:30 am	Int. Angela Antonic
Tuesday	Mar. 15	8:30 am	Pat Harris 🕈
Wednesday	Mar. 16	8:30 am	Bill Kozmic 약
Thursday	Mar. 17	8:30 am	Arne Buhman 🕆
Friday	Mar. 18	8:30 am	Souls in Purgatory
Saturday	Mar. 19	5:00 pm	Emilio & Concetta D'Anzica 🕏
Sunday	Mar. 20	8:30 am	John Fradette 🕏
Sunday	Mar. 20	10:30 am	Don Knorr で
Sunday		7:00 pm	

If you are confined to your home, in a care home or know of someone who is & would like the Eucharist—or just a visit, please call the office at 250 860-6776 or Richard Burke 250 712-9493.

SPANISH MASS—Mass will be celebrated in Spanish at 3:30 p.m. on the **3rd Sunday** of the month at **Our Lady of Lourdes**, Westbank and on the **4th Sunday** of the month at **St. Theresa's**, Rutland.

Please remember:

OUR CHURCH IS A **SCENT-FREE ZONE!**

Avoid wearing perfume, aftershave or heavily scented personal care products



5:00 Pm MASS NEXT WEEK

READERS Bonnie Cunningham

David Liddicoat

EUCHARIST Benita Spencer

Bert Wolf Karen Krout Renée Liddicoat Fran Hooker

USHERS Loretta O'Brien

Mike Dagenais Tony Volk Val Cylwa

8:30 am MASS NEXT WEEK

READERS Leona Stocker

Linda Mack

EUCHARIST Helen Wiltzen

John & Cheryl Yaehne

Kevin Schmidt Patti Cook

USHERS Phil Dillon

Russ Radi Tom Phillip Tony Ackerman

10:30 am MASS NEXT WEEK

READERS Torrie Fonda

Walter Schredl

EUCHARIST Rita Clarke

Jason Routley Madeleine Allen Marie Cameron Merie Vassar

USHERS Arnaldo Magsajo

Eric & Tonny Buckley Gene Thompson

7:00 pm MASS NEXT WEEK

READERS Max & Randi

EUCHARIST Kaitlyn

USHERS Ivan & Gabby

DON'T FORGET OUR SCHOOLS!

St. Joseph Elementary and Immaculata High provide the Catholic families of our parish (and many others) a superior Catholic educational experience for all grades K-12. If providing a Catholic education for your family matters, go to

www.kelownacatholic.org for more information.

God looked at everything he had made, and he found it very good.

(Gen. 1: 31)

Dear sisters and brothers,

"God created man in his image; in the divine image he created him; male and female he created them. ...

(Gen. 1: 27)

An initiative to strengthen family life will be inaugurated in March 2011 to coincide with the beginning of Lent. This program entitled, Freedom *to Love*, is a five-part video series. *Freedom to Love* features the teachings of Pope John Paul II on the theology of the body. The video series is presented by Mr. Christopher West, a well-known author and authority on this teaching of Pope John Paul II.

Our society describes the human person, the "I", as individual and autonomous. In such a perspective, to be free is to be autonomous, independent, and able to decide one's own future without outside influence. Such a conception of freedom can have disastrous consequences for the lives of unborn children. Yet "freedom of choice" is not only a woman's issue! The woman's right to autonomously decide the outcome of a pregnancy touches the desire of both men and women to live autonomously, including the right to autonomous sexual choice. This has led to what Archbishop Timothy Dolan of New York describes as "a vocation crisis to lifelong, life-giving, loving, faithful marriage." It leads, paradoxically, to the demand to recognize same-sex marriages and, in the same breathe, the trivialization of the committed, total and mutual gift of self in traditional marriage.

Pope John Paul II began his service as Pope in 1978. He presented his teaching on the theology of the body in a series of 129 talks at his Wednesday audiences between 1979 and 1984. The Pope reflects on human experience in the light of faith. Rather than describing our human experience from the perspective of the autonomous self, Pope John Paul II reflects on human experience in the light of faith borne of the Word of God. His reflections begin with the perspective of man and woman created in the image of a Relational God Whom Jesus has revealed to us as Father, Son and Holy Spirit.

In the Mystery of the Most Holy Trinity, the "three" not the "one" is primary – *Three* who through the totality of self-giving love are *One*. Pope Benedict XVI underlines this point in *Caritas in Veritate*: "The Trinity is absolute unity insofar as the three divine Persons are pure relationality." Our Trinitarian God is revealed to us as Relationship. "To be person" is to be "subject". It is to be "I". To be person is to be self-reflective, to be conscious of one's self. In our Trinitarian faith, "to be person" means to be in relationship. If God were not in relationship (Father, Son, Spirit), God would not be personal. Because we are created in

the image of a Relational God, our identity as persons and our freedom are realized in relationship. In fact, to grow as persons means to move from individuality into relationship. This coincides, not only with our faith, but with our own human experience. Pope Benedict XVI stresses this point in *Caritas in Veritate*: "The human person is defined through interpersonal relations." He goes on to say that "it is not by isolation (autonomy) that man establishes his worth, but by placing himself in relation with others and with God" (CV, 53). This has a profound effect upon the understanding of our human sexuality.

Looking at the meaning of the human person and human freedom in this light of faith, Pope John Paul II develops a new and life-giving teaching about:

- -- The human body and human sexuality;
- -- Human relationships;
- -- Marriage and celibacy.

Our world and our daily lives are filled with questions related to sexuality and sexual expression, marriage and family. It is no longer sufficient that we can repeat moral conclusions. It is vital that we understand, appreciate and embrace the deeper foundations of our faith. We have chosen the video series, **Freedom to Love**, in order to allow a diocese-wide reflection on issues which vitally touch us as individuals, members of families and faith communities. **Freedom to Love** is meant for all of us – married and single, young adult and pensioner because the issues raised touch every life and are the object of our daily conversation and reflection. The object of these Diocesan reflections is not to pass judgement on our neighbour or on one another, but to discover the life-giving potential of our faith. **Freedom to Love** offers an opportunity to listen to Pope John Paul II's teaching on the theology of the body. **Freedom to Love** invites us to reflect on our own experience in the light of that teaching. **Freedom to Love** offers space and opportunity to prayerfully discuss this teaching as individuals, couples, families and members of faith communities in order to discover its life-giving potential for our lives, our relationships, our families and our world.

"God looked at everything he had made, and he found it very good." (Gen. 1: 31) May we make **Freedom to Love** part of our Lenten journey. May this Diocesan experience unlock and liberate the life-giving joy which stands at the heart of Easter hope.

Fraternally in Christ,

John Corriveau, OFMCap. Bishop of Nelson

+ John, ofmap.

Lent/Easter 2011

RACHEL'S VINEYARD MASS

A Mass for the intentions of Rachel's Vineyard and Grief to Grace ministries will be held on the 3rd Thursday of each month at 9:00 a.m. at Seton House. We invite you to join us in gratitude for these two powerful healing ministries as we pray for protection over Rachel's Vineyard and Grief to Grace, and the founders, Theresa and Kevin Burke. The next Mass is scheduled for March 17th.

BUS TO CRANBROOK

Bus to Cranbrook April 29—30 for the Nelson Diocese Charismatic Conference with Fr. Peter Saunders. Numbers are required to reserve the bus by April 1. A minimum of 30 passengers is needed. Cost \$52 for 47 passengers, \$80 for 30 passengers. There will be pickups in Kelowna, Westbank and the South Okanagan. To register contact Maria 250-707-1423 email: untamedspirit@telus.net.

BURSARY

The Catholic Health Association of BC will be awarding two bursaries valued at \$250 each to two 2011 graduating students enrolled in a Catholic secondary school, or who are a member of a BC or Yukon parish and enrolled in a public secondary school, or who are home-schooled. Students are asked to submit a 500 word essay that demonstrates an awareness and understanding of the significance of Spirituality in Health Care. Submissions must be received on or before March 31, 2011. For further details, please refer to the poster on display in the vestibule of the church, or check the CHABC website at chabc.bc.ca under upcoming events.

ST. PATRICK'S SPRING TEA



St. Theresa's CWL



St. Patrick's Spring Tea Saturday, March 19th



1-3 pm



St. Theresa's Parish Hall, 750 Rutland Road N.



Tickets: Adults \$5,



Children 10 years and under \$2. Irish dancers will perform.



Door Prizes!!!





RESOURCES FOR LENT ON-LINE

The Bishops of Australia have put together an excellent Lenten "package" based on Lectio Divina, a prayer form recommended by Pope Benedict XVI. The address is: http://thereflection.vividas.com/ It offers possibilities for Lenten practice that could be undertaken personally or by parish groups during this Lenten time.

FREEDOM'S DOOR CELEBRATION & INFORMATION DINNER

Join us as we serve up a wonderful meal followed by real life stories of hope, encouragement, and inspiration.

Thursday, March 24th, 2011

Time: Reception @ 5:30 p.m. Dinner @ 6:15 p.m.

Place: **Trinity Baptist Church**

1905 Springfield Road, Kelowna

\$15 each or \$100.00/table

(8 settings, \$20.00 savings)

Advance tickets only available from:

Freedom's Door 1279 Centennial Crescent Phone: 250 717-0472 Freedomsdoor@shaw.ca

Porter Ramsav LLP 200 - 1465 Ellis Street Phone: 250 763-7646

Tickets:

Loaves & Fishes Book & Church Supplies Ltd. 591 Lawrence Avenue

Phone: 250 868-8933 **Bell Tower Books** 39 - 2070 Harvey Avenue Phone: 250 762-8444

CISND JOB OPPORTUNITIES

The Catholic Independent Schools of the Diocese of Nelson (CISND) invites applications for the following position -Elementary School Principal at St. Michael's School, Trail, BC. The application deadline is March 14, 2011. Start date is date August 15, 2011. For posting details, application requirements, and to download the appropriate application forms, go to the diocesan website - www.cisnd.ca (Job Opportunities Page).

SECULAR FRANCISCAN ORDER

Come and See what "The Little Flowers of Saint Frances Fraternity" is all about. We welcome you to join us on the third Sunday of every month. We are meeting March 20th at 12:30 p.m. We are having a guest speaker to discuss "Wills and Estates" in Charity Hall behind Immaculate Conception Church, Kelowna. If you have any questions you can reach Alice at 250-860-3541

DEVELOPMENT & PEACE RETREAT

Development & Peace - Social Concerns Retreat

The Nelson Diocese 20th annual retreat this year is being lead by Bishop John Corriveau and the theme is - Social Concern – A gift from God? - based on Pope Benedict XVI's encyclical Caritas in Veritate. The date is Friday Apr 29 (6pm) to Sunday May 1 (11am) and the location Camp Owaissi which is on Okanagan Lake near Kelowna. The cost varies from \$95 - \$75, including all meals, depending on accommodation selected. For more information contact Jeanette at 250-861-4242 or ljatwell@telus.net.

LENTEN REFLECTIONS ON FAITH

"Now faith is the assurance of things hoped for, the conviction of things not seen" Hebrews 11:1.

St. Charles Garnier Parish is offering a four-week course for those who want to enrich their faith and the sense of the presence of God in their lives, in their relationships, and in the world.

Wednesday, March 16, 2011 - Bishop John Corriveau OFM Cap., Faith in the Marketplace.

Wednesday, March 23, 2011 - Mr. Walter Lever, Faith in the Individual

Wednesday, March 30, 2011 - Father Wayne Pfliger - Faith at work in others as well as ourselves.

Wednesday, April 6, 2011 - Sister Phyllis Giroux SC - Faith supported by prayer.

Place: St. Charles Garnier Parish Hall, 3645 Benvoulin Road, Kelowna

Time: All sessions begin at 7:00 pm.

Cost: \$20.00.

Please register by e-mailing charlesgarnier@gmail.com or by phoning Marilee 250-860-6776.

Facilitated by Sister Rosemary Shannon CND and CND Asso-

ciates.

THE CREED COURSE

Sr. Elaine Biollo, Diocesan Director of Religious Education, will be offering a course entitled: The Creed and Its Meaning in Your Life. The Creed has for centuries been a centre piece in our faith. Our understandings of it are affected by the times in which we live. This course will situate The Creed in our tradition and draw on many sources to unearth its meaning. It will be offered in the following places: Christ the Servant Parish, Cranbrook, March 4th (7-9pm) & March 5th (9:00 am - 3:30 pm), Our Lady of Perpetual Help, Trail, March 25th (7-9:00 pm) & March 26th (9:00 am-3:30pm) and St. Charles Garnier, Kelowna, April 1st (7-9:00 pm) & April 2nd (9:00 am -3:30pm.) This course is open to anyone in the parishes; everyone is welcome. It is one of the core courses for certification for ministry in the diocese. To register, please fill in the registration available from Co-Ordinators of Religious Education, and return it to the Chancery Office in Nelson c/o the Office of Religious Education, 402 West Richards St., Nelson V1L 3K3 or email Sr. Elaine (elaine.biollo@gmail.com) directly indicating which session you would like to attend.

GIFTS OF THE EUCHARIST WORKSHOP

The Office of Religious Education invites you to a time of reflection on the Eucharist. It will be facilitated by Dr. Nancy Reeves who is a spiritual director, psychologist, best-selling author, award-winning columnist, wife and mother. She will lead a session entitled "Gifts of the Eucharist" drawing on the material from her recent book by the same name. The presentation will include times of inspiring stories, practical information, reflection and discussion. It will be presented on Thursday, April 14th beginning at 7:00 pm at Immaculate Conception Parish 839 Sutherland Avenue, Kelowna or at 1:00 pm on Friday April 15th at St. Charles Garnier Parish 2645 Benvoulin Road, Kelowna. We are asking for a \$15.00 donation to help cover the costs. Treat yourself and come be with us!

ENGAGED ENCOUNTER WEEKENDS



Engaged Encounter Weekends are designed to give couples planning marriage the opportunity to dialogue honestly and intensively about their future lives together. Engaged Encounter is designed to deepen and enrich your relationship with one another, God, the Church and the World. Couples are often pleasantly surprised at

how much they have learned about one another as they engage in deep and meaningful discussions dealing with all aspects of married life.

We offer 2 weekends every year. For 2011 the dates are as follows: May 14th and 15th, 2011

You can check us out for more information at http://ceekelowna.ca/

Registration is available on line or contact Danielle & Chris Tilley at (250) 317-8445

Worldwide Marriage Encounter



"Come and be part of Marriage Encounter This is a way for you as couple to help your marriage grow. It is a POSITIVE AND PERSONAL EXPERIENCE - an opportunity to look deeply at your relationship. the focus is on you as couple. Come to Kelowna for **April 8-10**

and become a part of worldwide Marriage Encounter weekend. You can learn more at www.wwme.org. You can download the registration form or get one from your parish office. Send the form and \$50.00 to Dennis and Ann Matthews, 1332 Shaunna Rd Kelowna, BC V1P 1K7. We can be contacted at annmatt@telus.net Do something special for you as couple.

FREEDOM TO LOVE

Freedom to Love is a powerful, five-part study based on Pope John Paul II's Theology of the Body—a profound message of love and human sexuality. The concepts in this study will change everything, including your worldview.

All adults are invited to join us for this DVD and workbook study which will be held on **Fri. April 8th** from 6:30 pm to 8:30 pm **and Sat. April 9th** from 9 am to 5 pm (snacks & lunch provided) at **Holy Spirit Parish**, 1260 Neptune Road. There is no cost and all course materials provided. For more information and to register, contact Bill & Eva at 250-491-4991.

GRIEF TO GRACE RETREAT

Applications for the next Grief to Grace program to be held at Seton House April 14th to 18th 2011 are now being accepted. Grief to Grace - Reclaiming the Gift of Sexual Dignity is a spiritual journey for anyone who has suffered degradation or violation through sexual abuse, rape, incest, physical or emotional abuse and neglect or other forms of traumatic violation in childhood, adolescence, or as an adult. To register or for more information call 250-878-7603, or e-mail g2gkelowna@shaw.ca

STATIONS OF THE CROSS

We are again encouraging groups to lead the Friday Stations of the Cross during Lent:

March 18 Secular Franciscans
March 25 Catholic Women's League
April 1 First Friday Mass & Adoration

April 8 Women's Group

April 15 Guardians of God's Creation

PARISH COUNCIL

Parish Pastoral Council will meet Wednesday, March 16th at 7:00 p.m.

WINDOW BLESSING

Father Wayne will be conducting a special blessing of the new stained glass window of St. Clare at St. Charles Garnier Parish. We, Secular Franciscans extend a warm welcome to all the parishioners at St. Charles as well as all parishioners in the area, to come and join us for the celebration of the Holy Eucharist, On March 19th, at 11:00AM, on the Feast Day of St. Joseph.

OUTDOOR WAY OF THE CROSS

Development and Peace Theme
Tuesday evenings of Lent
@ 7:00 p.m.
Begins March 15th

Meet in St. Charles Garnier parking lot Dress appropriately

NEW K of C 4TH DEGREE ASSEMBLY IN KELOWNA

We are exploring the possibility of forming a new fourth degree assembly in the Kelowna area. If you have an interest in being a charter member, then please stop at the tables at the entrance of the church after all Masses on the weekend of March 19 & 20. All third degree members are invited to join and be charter members as well. If you are interested, but you're not sure of what is happening, by all means stop and enquire. For those who are not a Knight at present and would like to get information about the Knights, please stop and we will try to answer all of your questions.

K of C BREAKFAST & IRISH STEW DINNER

Knight of Columbus Breakfast this Sunday March 13th at St. Pius X Parish Hall. Come and enjoy. Tickets will also be available for our annual Irish Stew dinner and entertainment on March 17th.

Rachel's Corner

"With the Lord there is kindness, with Him is full redemption."

Come to a Rachel's Vineyard Retreat $^{\text{TM}}$ and experience the mercy and kindness of Christ Jesus.

1-877-HOPE-4-ME www.rachelsvineyard.org

OUR PILGRIMAGE OF FAITH

Congratulations! We have exceeded our share of the Diocesan goal. To date 201 parishioners have contributed a total of \$76,741.32 for an average gift of \$381.79. This is 100% of our Diocesan Goal, 92.83% of our Parish goal and 95.92% of our Overall goal. We thank all who have contributed to date and encourage all parishioners to participate in this program which is vital to our Diocese and Parish. If you did not receive a package in the mail, please pick one up in the foyer of the Church.

CWL NEWS

Our General Meeting will be on March 15, 2011 at 7:00 p.m. Hope that you can be there! If anyone needs a ride, please phone Aida @ 778-478-3380.

BIG WHITE MASS

Big White Mass will be celebrated at 3:30 pm each Sunday from now until April 10th in the **loft above the ticket centre**—Town Centre Building at the top of the gondola.

Freedom is a Powerful Word

The world says freedom is the ability to do what we want, whenever we want, with whomever we want. But has this led to strong relationships, strong families, or strong communities? Since the days of the "sexual revolution," the opposite has played out resulting in sexual chaos, exploitation, broken families, and a lot of pain.

Recognizing the world's confusion, **Pope John Paul II** proclaimed the **Theology of the Body**—a profound message of love and human sexuality. In it, he declared that authentic *freedom* is meant to lead to authentic *love*.

Freedom to Love is a powerful, five-part DVD study based on the Theology of the Body presented by popular author and expert Christopher West. In it he lays out a convincing and refreshing road map to living a life of authentic freedom and love.



In this study, you will learn:

- What the Theology of the Body is and how it can change your life.
- How to live a life of freedom.
- What real love looks like.
- The difference between love and lust.
- What the problem is with pornography.
- That God has a glorious plan for your future.

...and much more.

The concepts in this study will change everything, including your worldview.

MAKE THIS PART OF YOUR LENTEN PLAN FOR GROWTH

Freedom to Love Adult Education Study

FIVE WEDNESDAY EVENING SESSIONS BEGINNING APRIL 13th ·· 7:00pm – 9:00pm at **St. Charles Garnier Parish Hall** To register, call the Parish office 250 860-6776



FAMILY LIFE & YOUTH MATTERS @ SCG

"The Future of the Church and the World passes through the Family". (John Paul II)

QUESTION OF THE WEEK

ADULTS: What roots of sin lie at the source of the temptations I deal with on a regular basis? **CHILDREN:** How can I show my love for God this Lenten season?

IMPORTANT DATES/INFO

CHILDREN'S LITURGY (age 3-9): Only 10:30 am Masses.

CATECHISM/SACRAMENTS

NO CLASS DURING SPRIING BREAK

*CHANGE: Monday April 11th is now Reconciliation at 6:30pm



GRADE 6 - 7 & TEENS

Join us on Facebook... "St. Charles Garnier Youth Group" or Email Andie: scgyouth@gmail.com



LAST CHANCE...Register now for the Lent Retreat Mar. 18th – 20th
Seton House of Prayer (only \$30!)
Includes: Accommodations, fees, meals, etc.
RSVP on Facebook "Catholic Young Adults Kelowna"

UNIVERSITY OR COLLEGE STUDENTS:

Join us on Facebook "Catholic Young Adults Kelowna" and or "FOCUS/CSA" for UBCO Students & stay connected!

Or Email Kevin: scgvouth@gmail.com

PLEASE SUPPORT OUR WORLD YOUTH DAY PILGRIMS!

"A new commandment I give unto you: That you love one another, as I have loved you". (John 13:34)

Kevin (Director of Evangelization): 863-4296 or kishorkevin6@gmail.com Christine (Director of Family Life): 863-1982 or christinekishor@gmail.com Andie Kowenhouven (Youth Minister): 863-3347 or scgyouth@gmail.com





"The environment is God's gift to everyone, and in our use of it we have a responsibility towards the poor, towards future generations and towards humanity as a whole."

(Pope Benedict XVI, Caritas in Veritate, n. 48)

Lent 2011 - Tending 2 Creation

Our ministry suggests the following spiritual reflections and sacrificial actions everyone may consider during this Lenten season. We hope that these may be a way to help us all grow in our commitment to be faithful Guardians of God's Creation now and for future generations. We invite you to use this calendar creatively in your preparations for Easter. If you have any suggestions for the calendar in the future, please send them to aberneaud@gmail.com

WEEK 1

- **Turn down** your thermostat by at least one degree. Aim for 19 Celsius during the day and 18 or lower at night. Wear a sweater, snuggle up in a blanket, and wear warm fuzzy slippers. A Franciscan friend makes the most wonderful warm slippers.
- Reflect on Psalm 104, a hymn to God the Creator. Share with someone what you learned!
- **Combine trips** or carpool (especially on Mar 20, meeting at St. Charles @ 2pm), walk, bike or use public transportation whenever possible. If you drive, please avoid idling, Idling for over 10 seconds uses more gas than turning off the engine and restarting it.
- If you're going away from your electronics for over an hour, turn them off.
- Turn off any lights you are not using. Shut off the lights as you leave a room. Motion sensor lights are perfect for outdoors.
- Consider **composting** your plant-based food waste. Russrecycling is a local small business that will take all your kitchen scraps and cat litter (if you are using SwheatScoop). NO GREASE!
- This Lenten season *Rethink*, Reduce, Reuse, Recycle. Adding "rethink" to the traditional 3 R's can help us avoid activities that can be harmful to God's Creation in all its various forms. Think of the **web of LIFE**. We are all connected!

Heaven help the child who never had a home, Heaven help the girl who walks the streets alone, Heaven help the roses if the bombs begin to fall,

Heaven help us all.

(Beautiful song by Stevie Wonder, 1970 - check iTunes)

