

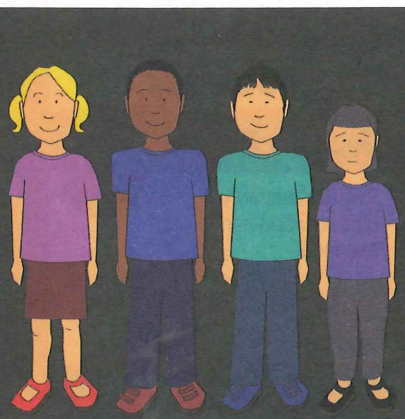
Say this grace together as a family before eating.

Thank you Lord, Creator of this wonderful Earth that feeds us. Bless the hands of those who plant the seeds, help them to grow and harvest the fruit of their labour. Help us to share with all our sisters and brothers so that everyone can eat their fill.

Amen.



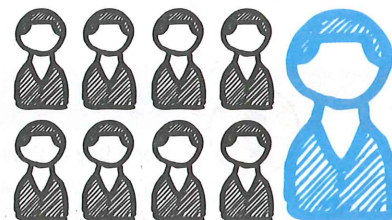
- There are many ways to Sow Much Love!
- > Give to the Share Lent collection for DEVELOPMENT AND PEACE in your parish
 - > Donate online at devp.org/give
 - > Give by phone: 1 888 234-8533
 - > Text PEACE to 45678 to give \$10
 - > Join our monthly giving program
 - Share Year-Round: devp.org/shareyearround.



One in four children in the world suffers from stunted growth due to insufficient nutrition. In the Global South, this number can be up to **one in every three children**. (WFP)



In the Global South, **66 million school children** go to school hungry. More than a third of them live in Africa. (WFP)



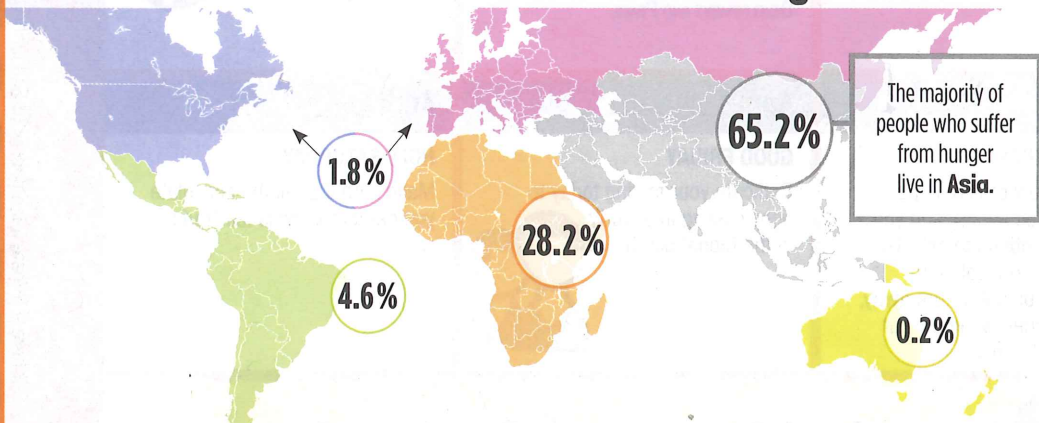
805 million people (about 791 million of these are in the Global South) in the world suffer from hunger, or **1 in 9 people**. (FAO)

People in the Global South spend

70% of their income on food. **Canadians spend about 10%**. (FAO, StatsCan)



Where do those who suffer from hunger live?



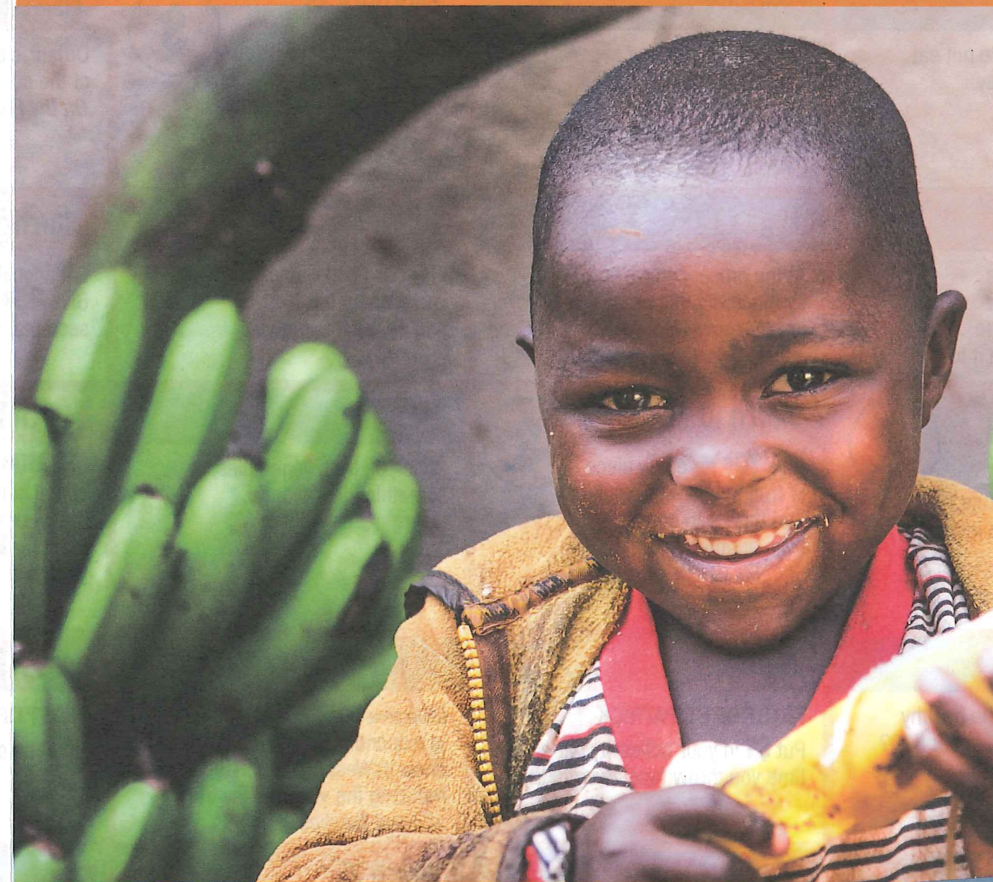
DEVELOPMENT AND PEACE
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Credits
Photo: Isabel Corthier/Caritas Belgium, DEVELOPMENT AND PEACE
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DPC-15-E-05



Solidarity Calendar

SOW Much Love TO GIVE



An app for the Share Lent Campaign!



DEVELOPMENT AND PEACE has created a new app for the Share Lent campaign for smartphones and tablets.

Guiding you daily through the Lenten season, the app invites you to take three simple steps every day: learn, pray, and act. Learn about DEVELOPMENT AND PEACE partners who are working to build a world without hunger; pray for our sisters and brothers who are sowing seeds of justice and change; and act in solidarity to make your own contribution to their struggle.

Share Lent Campaign

Lent is the time to prepare for Easter. It is a moment of contemplation, prayer and sacrifice for Catholics around the world.

Every year, DEVELOPMENT AND PEACE organizes a campaign called Share Lent. This Lent, we are called to learn, to pray and to act in solidarity with small family farmers. They are the stewards of Creation, who protect the Earth and contribute to the fight against hunger in the world.

Thanks to your donations, DEVELOPMENT AND PEACE supports family farmers in Africa, Latin America, Asia, and the Middle East so that they can feed their families, their communities, and the world.

Use this calendar every day to move from reflection to action, by sowing seeds of solidarity with our sisters and brothers in the Global South.

Together, we can sow seeds of change

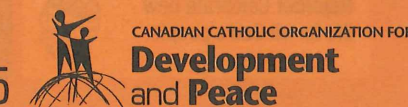
Our sacrifice and acts of generosity can make room for everybody at the family table.

1, 2, 3, Play!

Play our online games!

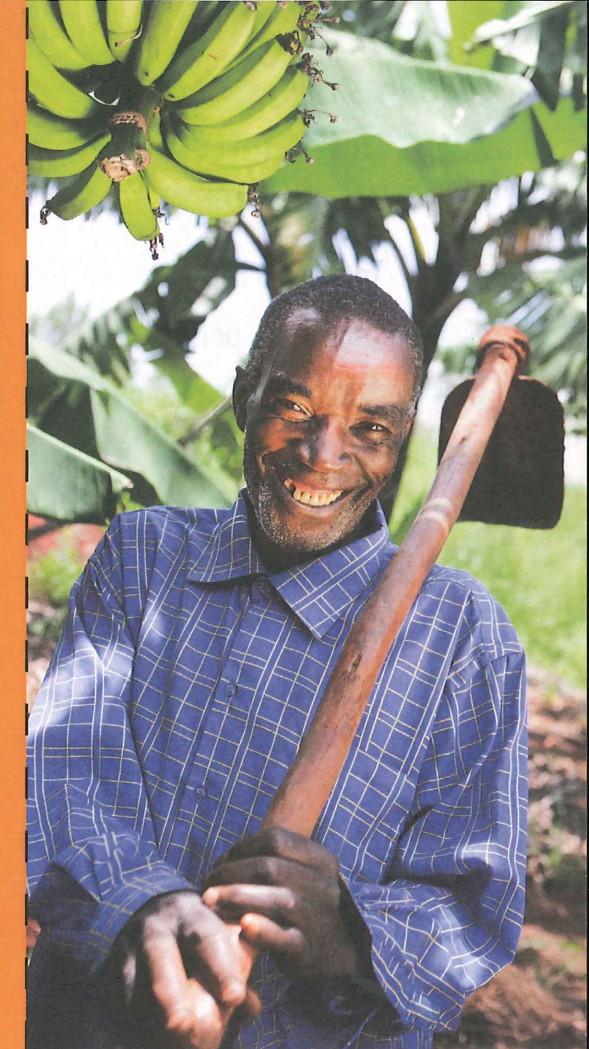
devp.org/games

Share Lent 2015



1 888 234-8533 devp.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Solidarity Calendar						
1. Decorate an empty jar or container in which you can collect your Lenten offerings suggested in this calendar. 2. Every time you see this pictogram, visit this web page: devp.org/entcalendar .						
February 22 1 st SUNDAY OF LENT Pray for the 805 million people in the world who suffer from hunger.	February 23 Challenge yourself to not eat anything sweet today.	February 24 In Brazil, DEVELOPMENT AND PEACE helps landless peasants find land on which to grow food.	February 25 Give \$2 in thanks if you have a backyard or balcony where you grow vegetables.	February 26 Organize a screening of the documentary <i>On the Road to Food Sovereignty</i> .	February 27 Cook a meal using as many local or organic ingredients as possible.	February 28 In solidarity with those who have limited access to food, use only two ingredients for each of your meals today.
March 1 2 nd SUNDAY OF LENT Pray for family farmers who have lost access to their seeds.	March 2 Have you signed the DEVELOPMENT AND PEACE petition to protect the right to seeds? Sign it today!	March 3 At the grocery store, buy as much organic or locally-grown food as possible.	March 4 Play our Seed Game. Learn about our food and where it is grown!	March 5 Eat a local apple. Give 25¢ for every seed that you find in it.	March 6 World Day of Prayer Pray for a world without poverty where each person can eat what they need.	March 7 Did you know? In the Global South, 79% of women work in agriculture.
March 8 3 rd SUNDAY OF LENT International Women's Day Pray for the women who cultivate the land and feed their families.	March 9 Did you know? Armed conflicts disrupt food production and increase hunger.	March 10 Give 10¢ for every piece of fruit in your house that has been imported from another country.	March 11 Snack on fruit, vegetables, or something homemade.	March 12 Give 50¢ for every cup of coffee or tea that your family drank today, or 25¢ if it was fair trade.	March 13 In Syria, DEVELOPMENT AND PEACE supported the construction of a bakery. Today, it employs those harmed by the conflict. They bake bread for 50,000 people every day.	March 14 Did you know? Asia is where there is the greatest number of people who suffer from hunger.
March 15 4 th SUNDAY OF LENT Pray for peace where there are conflicts in the world.	March 16 What is your favourite healthy and affordable meal under \$10? Exchange a recipe with someone today!	March 17 FEAST OF ST. PATRICK Put \$1 in your Solidarity Jar each time you throw food away today.	March 18 DEVELOPMENT AND PEACE is responding to the food crisis in West Africa and is reducing the vulnerability of affected families.	March 19 FEAST OF ST. JOSEPH Take the online interactive quiz.	March 20 Eat fish today, and try to make sure it is from a sustainable fishery.	March 21 Farmers need water to grow food. Give thanks for abundant water by giving 50¢ for every faucet in your house.
March 22 SOLIDARITY SUNDAY World Water Day Count the offerings in your Solidarity Jar. Donate them to your parish Share Lent collection, or donate them online!	March 23 Small family farmers suffer from the effects of recurring drought. Give thanks if it rained or snowed in your region today.	March 24 Don't forget to water your plant!	March 25 THE ANNUNCIATION OF THE LORD Watch the documentary <i>A New Leaf</i> .	March 26 Make a donation to your local food bank.	March 27 In the Philippines, women affected by Typhoon Haiyan created a community garden to feed their families, thanks to DEVELOPMENT AND PEACE.	March 28 EARTH HOUR Turn off your lights and electronics for one hour tonight.
March 29 PALM SUNDAY Pray for Indigenous communities who have lost their ancestral lands.	March 30 Did you know? Small family farmers feed 80% of the population in countries in the Global South.	March 31 Ask your grocer to carry more local and organic food products in their store.	April 1 In Nigeria, DEVELOPMENT AND PEACE supports the work of small family farmers so that they can feed their families, send their children to school, receive health care, and have safe housing.	April 2 HOLY THURSDAY Reflect on the words of Pope Francis: "I was hungry and you gave me something to eat." The words of Our Lord call to us today, telling us not to turn away, indifferent, when we know our neighbour is hungry."	April 3 GOOD FRIDAY Dedicate your fasting today to people living in poverty in the Global South.	April 4 HOLY SATURDAY Make sure that all the chocolate you eat tomorrow is fair trade.
April 5 Happy Easter Rejoice! Celebrate new life for all God's people.	THANK YOU FOR YOUR GENEROSITY!					



Cut here to create a label for your Solidarity Jar to collect your offerings.

Sow Much Love TO GIVE



CANADIAN CATHOLIC ORGANIZATION FOR
Development and Peace



Share Lent 2015



Learn about DEVELOPMENT AND PEACE's partners with our Lent Calendar app!