



World Day  
for Grandparents  
and the Elderly  
2023

## PRAYER FOR THE THIRD WORLD DAY FOR GRANDPARENTS AND THE ELDERLY 2023

Virgin Mary,  
Mother of faith and hope,  
an example for this humanity bent by indifference,  
make me as willing as You  
to accept the will of God,  
to magnify and praise His Mercy.

Mary, Mother of fortitude,  
you who knows my heart,  
do not allow me to become discouraged.  
I confidently surrender my life into your hands.  
Heal my wounds.  
May your tenderness accompany me on the way.

Your presence, Mother of love,  
brings us to experience the joy  
of seeing our families united.  
Help me to transmit the tenderness and Love of God  
to the grandchildren and youth  
so that, in addition to praying for them,  
we can pray with them.

Mary, may the gift of the Holy Spirit intercede for me:  
sustain my weakness;  
breathe into my heart the consolation  
that I may leave traces of faith among the young,  
bearing witness to the beauty of life,  
knowing that life has a limit  
and that beyond it lies before us our Father's embrace.

*Amen.*

